



ULTIMATE  
WELLNESS  
WEEKEND

GRAND SIRENIS **RIVIERA MAYA**  
**JUNE 2023**

GLOBAL  
WELLNESS  
DAY®

SATURDAY 10

SUNDAY 11

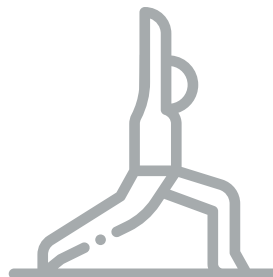
## 1K & 3K WALK



**08:00 Hrs.**

MP: YALKU SNACK BAR

## YOGA PADDLE



**09:30 Hrs.**

MEMBERS BEACH CLUB

## U SHARE BREAKFAST OR LUNCH



MEMBERS BEACH CLUB

## HEALTHY DRINKS & SNACKS WORKSHOP



**13:00 Hrs.**

MEMBERS BEACH CLUB

Look for the  
**GLOBAL WELLNESS MENU**  
at the restaurant of your choice

Look for the  
**GLOBAL WELLNESS MENU**  
at the restaurant of your choice



**A LA CARTE**  
RESTAURANTS



**A LA CARTE**  
RESTAURANTS



ULTIMATE  
WELLNESS  
WEEKEND

GRAND SIRENIS **PUNTA CANA**  
JUNE 2023

GLOBAL  
WELLNESS  
DAY®

SATURDAY 10

SUNDAY 11

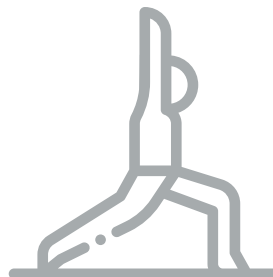
## 1K & 3K WALK



08:00 Hrs.

MP: WATERPARK

## YOGA PADDLE



10:00 Hrs.

MEMBERS POOL AREA

## U SHARE BREAKFAST OR LUNCH



MEMBERS BEACH CLUB

## HEALTHY DRINKS & SNACKS WORKSHOP



13:00 Hrs.

MEMBERS BEACH CLUB

Look for the  
**GLOBAL WELLNESS MENU**  
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**A LA CARTE**  
RESTAURANTS



**A LA CARTE**  
RESTAURANTS



SATURDAY 10

SUNDAY 11

## 1K & 3K WALK



08:00 Hrs.

MP: MEMBERS BEACH AREA

## YOGA PADDLE



10:00 Hrs.

BLOCK 1

## U SHARE BREAKFAST OR LUNCH



OCEAN BLUE SNACK

## HEALTHY DRINKS & SNACKS WORKSHOP



13:00 Hrs.

MEMBERS BEACH AREA

Look for the  
**GLOBAL WELLNESS MENU**  
at the restaurant

Look for the  
**GLOBAL WELLNESS MENU**  
at the restaurant



**ITALIAN**  
RESTAURANTS



**STEAK**  
RESTAURANTS